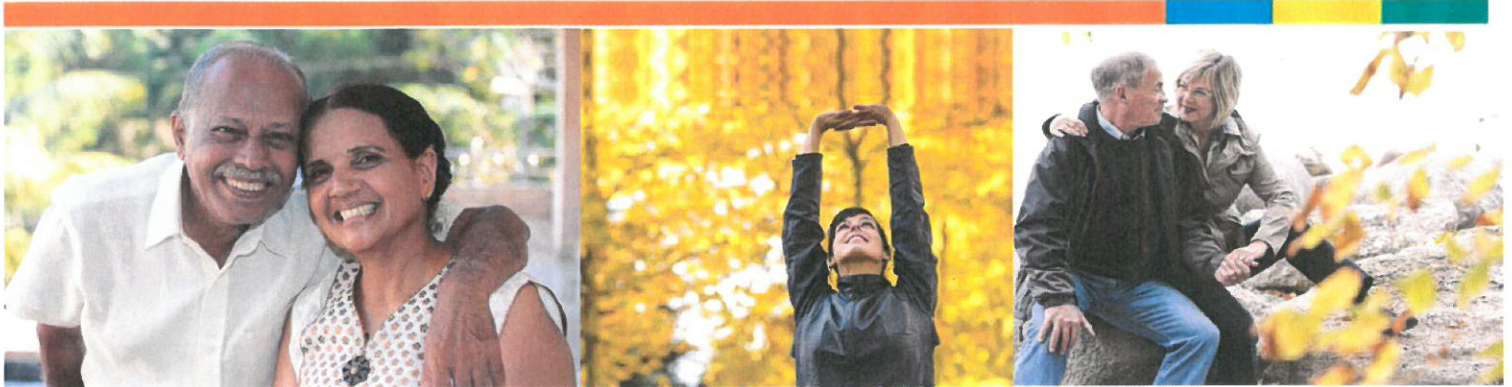


# 1-Day Supportive Cancer Care Workshop in Squamish



InspireHealth  
SUPPORTIVE CANCER CARE



## Have you or a loved one been touched by cancer?

If so, please join our Medical Doctors and Nutrition Team for a **free workshop** on supportive cancer care.

- ❖ Practical and evidence-based sessions will cover topics including:
  - Nutrition
  - Exercise
  - Stress Management
  - Emotional Support
- ❖ Learn empowering information and gain tools for your health and well-being.
- ❖ For all adults (16 years +) with a current or past cancer diagnosis; support people are also welcome to register.

**Wednesday May 29, 2019 – 10:00am to 3:30pm**  
**The 55 Activity Centre, Multipurpose Room**  
**1201 Village Green Way, Squamish BC**

To avoid disappointment, please pre-register before May 22<sup>nd</sup>

**Call 604-734-7125**

InspireHealth is a not-for-profit organization partially funded by the BC Ministry of Health. **All programs are free of charge.**

These outreach programs are proudly made available in partnership with:



Canadian  
Cancer  
Society

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604 734 7125  
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