

PROGRAM DETAILS DEC 2, 2020

<https://squamish.ca/rec>

Brennan Park Recreation Centre is operating with limited activities in response to a [new Order from the Provincial Health Officer \(PHO\)](#) to reduce the spread of COVID-19. Hockey, skating and swimming user groups will be communicating directly with participants on the status of their respective programs.

Current Programs and Activities Status

Lower intensity group fitness activities may be able to re-open with additional requirements, once heightened safety plans are updated, submitted and approved by Vancouver Coastal Health.

Other Programs and Activities

Household* Family Gym	Sunday, Monday	Running
Household* Ping Pong	Sunday, Monday	Cancelled
Chair Yoga	Monday	Suspended
Floor Hockey	Monday	Cancelled
Indoor Gym Daycare	Tuesday	Running
Yoga	Wednesday, Friday	Suspended
Dance Fitness	Wednesday, Thursday	Suspended
Spin	Thursday	Cancelled
Men on the Move	Thursday, Friday	Suspended
Balance and Stretch	Thursday, Friday	Suspended
Sit and Stand	Thursday, Friday	Suspended
Cardio Fit	Thursday, Friday	Suspended
Household* Pickleball	Saturday	Cancelled
Holiday Day Camps	December 21, 22, 23, 28, 29, 30	Running
Babysitter Training	Saturday, November 28	Running
Salsa and Latin	Wednesdays	Cancelled
Swing and West Coast Swing	Wednesdays	Cancelled
Neurofit	Monday, Wednesday	Suspended
VCH Tides Program	Tuesday	Running

**Household activities are temporarily limited to members of your immediate household only. [Pre-registration is required.](#)*
